

KNOX COUNTY 4-H BREAD BAKING CONTEST

BREADBAKING is fun! Too, breadbaking is an art and science. The 4-H Breadbaking Contest gives 4-H members practical opportunities in math, science, reading, social studies, crafts and many other academic areas. The demonstrations and lessons presented in the 4-H club meetings, 4-H project manuals, cookbook/recipes will give you practice in those areas.



All breads must be made from basic ingredients (no mixes) by the 4-H member.

FOR THE 4-H BREADBAKING CONTEST AT YOUR SCHOOL/CLUB ON _____ YOU ARE TO BRING:

4th Grade: 3 of one kind of cookie

5th Grade: 3 of one of these:

Rolled and cut out Biscuits, or Plain Cornbread Muffins

6th Grade: 3 Flour Muffins - - Fruit, Vegetable and/or nut

- 7th Grade: 1 loaf Quick Bread (no yeast) - Fruit, Vegetable and/or nut
- 8th Grade: 1 cake: (1) a 2-Layer Cake with any icing, or (2) a Pound Cake

9th Grade: Yeast Rolls

<u>10th – 11th Grade:</u> Any kind of yeast loaf breads

<u>12th Grade:</u> Dessert type bread

TO ENTER THE 4-H BREADBAKING CONTEST

- Bring the recipe for the bread that is entered.
- Cool bread before covering or stacking to prevent moisture from collecting.
- Bring bread (cookies, too) in a rigid container to prevent breaking or mashing.
- Put a label on the container. On the label, include your first and last name and type category of bread.



AWARDS!

- All participants receive award ribbons.
- 1st Place in entry in each category Receives a PURPLE ribbon.
- 1st Place in each category may advance to County competition.

Programs in agriculture and natural resources, 4-H youth development, family and consumer sciences, and resource development. University of Tennessee Institute of Agriculture, U.S. Department of Agriculture and county governments cooperating. UT Extension provides equal opportunities in programs and employment.